















Community at Work

December 2023

Starting the day with a specific intention can help you conquer tough conversations, feel more connected to your co-workers, or simply give your morning a boost of positive energy. This month, as many of us make plans to gather with friends and family, we're reflecting on the topic of Community at Work. How can we build better connections with our coworkers, our professional network, and the broader "communities" we each belong to?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”</p> <p>– Margaret Mead</p>					<p>01</p> <p>Interested in doing good this month, but don't know where to start?</p> <p>Check out our new piece on volunteering for inspiration.</p>	<p>02</p> 
<p>03</p> 	<p>04</p> <p>Take a look at your schedule. Could any of your meetings be improved by a change of venue or environment?</p>	<p>05</p> <p>Do you have pals at work? Here's a great article about why workplace friendships matter.</p>	<p>06</p> <p>At today's Meaning Circle, we'll be reflecting on Friendship at Work! Sign up for this virtual event here.</p>	<p>07</p> <p>HAPPY HANUKKAH</p> 	<p>08</p> <p>Is there something you're skilled at that you would enjoy teaching others? Consider offering a one-off course at work or in your community.</p>	<p>09</p> 
<p>10</p> 	<p>11</p> <p>Make a quick list of the various subcultures and identities you belong to. (Ex., nature photographers, French speakers, Pacific Islanders, LGBTQ.)</p>	<p>12</p> <p>Referring to the list you made, research meetups, events, or opportunities that cater to one or more of the identity groups you listed.</p>	<p>13</p> <p>Starting a new job can be daunting. Suggest a “buddy system” for new hires to integrate them into the workplace community.</p>	<p>14</p> <p>Could your work meetings be better? Check out six tips from the New York Times on effective meetings.</p>	<p>15</p> <p>On that note, check out “The Seven Meetings You Hate” for a good laugh! Any of them sound familiar?</p>	<p>16</p> 
<p>18</p> 	<p>18</p> <p>What spaces exist at your workplace for colleagues to connect informally? What could you do to enhance these spaces?</p>	<p>19</p> <p>Wondering why community at work is so important? Check out this WebMD article.</p>	<p>20</p> <p>Today's Meaning Circle is about Community at Work! Learn more and sign up here.</p>	<p>21</p> <p>Join the MeaningSphere book club! We will be discussing Priya Parker's The Art of Gathering. Reading is not required.</p> 	<p>22</p> <p>Consider ways to improve the community feel in virtual meetings. Are there ice-breakers or check-in routines you could introduce?</p>	<p>23</p> 
<p>23</p> 	<p>23</p> <p>Merry Christmas!</p> 	<p>26</p> <p>HAPPY BOXING DAY</p> 	<p>27</p> <p>Read up on dugnad, a Norwegian custom of communal work. What insights can you glean?</p>	<p>28</p> <p>Reflect on the role of community in your work life and how it influences your sense of purpose.</p>	<p>29</p> <p>What's one important thing you've learned from someone in your work community this year? Make a plan to thank them in the new year!</p>	<p>30</p> 
<p>31</p> <p>HAPPY NEW YEAR</p> 	<p>“If you want to go fast, go alone. If you want to go far, go together.”</p> <p>– Folk Proverb</p>					